

### IN THE CLAIMS

Please amend claims 1, 9 and 13 as follows.

1. (Currently amended) A dietary supplement comprising:

a homogenous mixture of calcium caseinate, whey protein, L-carnitine and arginine, wherein protein is a sole dietary source of metabolic energy in said mixture.

2. (Original) The dietary supplement of claim 1 wherein said calcium caseinate and said whey protein are present in said mixture in a weight ratio of from about 0.33 to about 2 calcium caseinate:whey protein.

3. (Original) The dietary supplement of claim 1 wherein said calcium caseinate and said L-carnitine are present in said mixture in a weight ratio of from about 0.0667 to about 0.05 calcium caseinate:L-carnitine.

4. (Original) The dietary supplement of claim 3 wherein said calcium caseinate and said whey protein are present in said mixture in a weight ratio of from about 0.33 to about 2 calcium caseinate:whey protein.

5. (Original) The dietary supplement of claim 1 wherein said calcium caseinate and said arginine are present in said mixture in a weight ratio of from about 0.667 to about 0.5 calcium caseinate:arginine.

6. (Original) The dietary supplement of claim 5 wherein said calcium caseinate and said whey protein are present in said mixture in a weight ratio of from about 0.33 to about 2 calcium caseinate:whey protein.

7. (Original) The dietary supplement of claim 5 wherein said calcium caseinate and said L-carnitine are present in said mixture in a weight ratio of from about 0.0667 to about 0.05 calcium caseinate:L-carnitine.

8. (Original) The dietary supplement of claim 7 wherein said calcium caseinate and said whey protein are present in said mixture in a weight ratio of from about 0.33 to about 2 calcium caseinate:whey protein.

9. (Currently amended) A dietary supplement comprising:

a batch ~~comprising~~ consisting of about 100 kg of calcium caseinate, from about 33 kg to about 200 kg of whey

protein, from about 667 g to about 5 kg of L-carnitine, and from about 6.67 kg to about 50 kg of arginine.

10. (Original) The dietary supplement of claim 9 wherein said calcium caseinate and said whey protein are present in said mixture in a weight ratio of from about 0.33 to about 2 calcium caseinate:whey protein.

11. (Original) The dietary supplement of claim 9 wherein said calcium caseinate and said L-carnitine are present in said mixture in a weight ratio of from about 0.0667 to about 0.05 calcium caseinate:L-carnitine.

12. (Original) The dietary supplement of claim 9 wherein said calcium caseinate and said arginine are present in said mixture in a weight ratio of from about 0.667 to about 0.5 calcium caseinate:arginine.

13. (Currently amended) A method of preparing a dietary supplement, comprising:

providing calcium caseinate, whey protein, L-carnitine and arginine; and

forming a homogenous mixture substantially devoid of lipids by mixing said calcium caseinate, said whey

protein, said L-carnitine and said arginine, wherein protein is a sole dietary source of metabolic energy in said mixture.

14. (Original) The method of claim 13 wherein said calcium caseinate and said whey protein are present in said mixture in a weight ratio of from about 0.33 to about 2 calcium caseinate:whey protein.

15. (Original) The method of claim 13 wherein said calcium caseinate and said L-carnitine are present in said mixture in a weight ratio of from about 0.0667 to about 0.05 calcium caseinate:L-carnitine.

16. (Original) The method of claim 15 wherein said calcium caseinate and said whey protein are present in said mixture in a weight ratio of from about 0.33 to about 2 calcium caseinate:whey protein.

17. (Original) The method of claim 13 wherein said calcium caseinate and said arginine are present in said mixture in a weight ratio of from about 0.0667 to about 0.5 calcium caseinate:arginine.

18. (Original) The method of claim 17 wherein said calcium caseinate and said whey protein are present in said mixture in a weight ratio of from about 0.33 to about 2 calcium caseinate:whey protein.

19. (Original) The method of claim 17 wherein said calcium caseinate and said L-carnitine are present in said mixture in a weight ratio of from about 0.0667 to about 0.05 calcium caseinate:L-carnitine.

20. (Original) The method of claim 19 wherein said calcium caseinate and said whey protein are present in said mixture in a weight ratio of from about 0.33 to about 2 calcium caseinate:whey protein.